

REFERENCES

- Asian Development Bank, (2012). *ADB Annual Report*. Retrieved from <https://www.adb.org/documents/adb-annual-report-2012>.
- Ballou, R. H. (2006). The evolution and future of logistics and supply chain management. *Production, 16*(3), 375-386.
- Braudel F, 'In the Wheels of Commerce Civilization and Capitalism 15th–18th Century, vol. II, 1982, Harper & Row, New York.
- Cargo traffic at 12 major ports up 4% in April-July, (2017). Business Standard, Press Trust of India, New Delhi Last Updated on August 7, 2017 Retrieved from https://www.business-standard.com/article/economy-policy/cargo-traffic-at-12-major-ports-up-4-in-april-july-117080700389_1.html.
- Container port traffic (TEU: 20 foot equivalent units), (n.d.). Retrieved from <https://www.indexmundi.com/facts/indicators/IS.SHP.GOOD.TU>.
- Deci, E. L., & Ryan, R. M. (1985). *Intrinsic motivation and self-determination in human behavior*. New York: Plenum.
- Deci, E. L., & Ryan, R. M. (2000). Intrinsic and Extrinsic Motivations: Classic Definitions and New Directions, *Contemporary Educational Psychology, 25*(1), 54-67.
- Ease of Doing Business in Sri Lanka *Trading economics*. (n.d.). Retrieved from <https://tradingeconomics.com/sri-lanka/ease-of-doing-business?continent=australia>.
- EC. (2009a). EU Energy and Transport in Figures - Statistical Pocketbook 2009. Belgium: European Communities. 17.
- EC. (2009b). European Commission Homepage - Climate Change. http://ec.europa.eu/environment/climat/home_en.htm [Online]. European Commission. [Accessed 2009-01-28 2009].
- Ginneken, W. V. (1999). Social Security for the Informal Sector: A New Challenge for the Developing Countries. *International Social Security Review, 52*(1), 49-69.
- Ginneken, W. V. (2007). Extending social security coverage: Concepts, global trends and policy issues, *International Social Security Review*.

- Haralambides, H. E., (2007). Chapter 40, Structure and operations in the liner shipping industry, Handbook of Transport Modelling, Ed. by. Hensher D. A. and Button K. J. © 2007, Elsevier Ltd.
- Hummels, D. (2007). Transportation Costs and International Trade in the Second Era of Globalization. *Journal of Economic Perspectives*, 21(3), 131-154.
- Jones & Bartlett. Kumar, A. S., & Shivakumar, P. P. (2011) A Research Study on Managing Work-Life Balance. *International Journal of Knowledge and Research in Management and E-Commerce*, 1(2).
- Kenya Port Authority, standard operating procedure. Version 1.0. Retrieved from <https://www.kpa.co.ke/Documents/SOP%20For%20SOLAS%20Container%20Weight%20Verification%20Processes.pdf>.
- Kodz, J., Davis, S., Lain, D., Sheppard, E., Rick, J., Strebler, M., Bates, P., Cummings, J., Meager, N., Anxo, D., Gineste, S., & Trinczek, R. (2003) Working long hours in the UK: A review of the research literature, analysis of survey data and cross-national organizational case studies. *Employment Relations Research Series* No. 16. London: Department of Trade & Industry.
- Konings, R. (2005). Foldable Containers to Reduce the Costs of Empty Transport? A Cost-benefit Analysis from a Chain and Multi-Actor Perspective. *Maritime Economics & Logistics*, 7, 223–249.
- Lang, M., Przybyla, J., & Zhou, X. (2011). Loading containers on double-stack cars: Multi-objective optimization models and solution algorithms for improved safety and reduced maintenance cost. 1-30.
- Levinson, Marc. 2016. *The Box: How the shipping container made the world smaller and the world economy bigger*. Princeton University Press. ISBN1400880750. 544 pages.
- Li, X. (2014). Operations Management of Logistics and Supply Chain: Issues and Directions, *Discrete Dynamics in Nature and Society*, 2014, Article ID 701938, 1-7. <https://doi.org/10.1155>.
- Mangan, Lalwani, Buther. 2008. *Global logistics and Supply Chain Management*. John Wiley & Sons. ISBN0470066342. 35-40.

- Manzerolle, V. R., & Kjösen, A. M. (2012). The Communication of Capital: Digital Media and the Logic of Acceleration. *Triple*, 10(2), 214-229.
- Marx, K., 'Grundrisse der Kritik der politischen Ökonomie (Foundations of the critique of the political economy)', 1939/1953, Dietz, Berlin (Middlesex/England: Penguin Books).
- Matsuda, S. (n.d.). The Time Release Study as a performance measurement tool for a supply chain and an international corridor. *World Customs Journal*, 6(1), 79-92.
- Mazzocato, P., Stenfors-Hayes, T., von Thiele Schwarz, U., et al. (2016). Kaizen practice in healthcare: a qualitative analysis of hospital employees' suggestions for improvement. *BMJ Open*; 6: e012256. doi: 10.1136/bmjopen-2016-012256.
- Minden, G. J., Victor S. Frost, Joseph B. Evans, Jun Huan, Ruoyi Jiang, Leon S. Searl, Kuehnhausen, M. (2011). Rail Sensor Testbed Program: Active Agents in Containers for Transport Chain Security. The University of Kansas. 2335 Irving Hill Road, Lawrence.1-60.
- Notteboom, T., (2018), PortGraphic: European container port traffic gains and losses, 2007-2017, PortEconomics, Last Updated on March 27th, 2018, Retrieved from <http://www.porteconomics.eu/2018/03/27/portgraphic-european-container-port-traffic-gains-and-losses-2007-2017>.
- Pojani, D and Stead, D. (2015). Sustainable Urban Transport in the Developing World: Beyond Megacities. *Sustainability*, 7, 7784-7805.
- Rouse, M. (n.d.). Kaizen (or continuous improvement), Retrieved from <https://searcherp.techtarget.com/definition/kaizen-or-continuous-improvement>.
- Sri Lanka - Container port traffic (TEU: 20 foot equivalent units), (2018). Retrieved from <https://tradingeconomics.com/sri-lanka/container-port-traffic-teu-20-foot-equivalent-units-wb-data.html>.
- Sri Lanka Customs. (2014). *Report of the Time Release Study*. Policy, Planning and Research Directorate. Retrieved from <http://www.customs.gov.lk/public/files/trs/TimeReleaseStudy1.pdf>.

- Sun, J., Li, Z., Lei J., Teng, D., & Li, S. (2018). Study on the Relationship between Land Transport and Economic Growth in Xinjiang. *Sustainability*, 10(1), 135-152; doi:10.3390 /su10010135.
- The Jawaharlal Nehru Custom House. Retrieved from <http://www.jawaharcustoms.gov.in/time-release/TRS2014-Jan-June.pdf>.
- Universal cargo. (2016). Container Loading Guidelines. Available from: <http://cdn2.hubspot.net/hub/57382/docs/container+loading+guidelines.pdf?t=1460660141773> Accessed: 29.9.2016.
- Walsch, N. D. (n.d.) Continuous Improvement – The Process That Will Shake-Up Your Comfort Zone. *How Continuous Improvement Can Benefit Your Business*. Retrieved from <https://kanbanize.com/blog/how-continuous-improvement-can-benefit-your-business>.
- Zhang, S., (2009). ‘TRS as a measurement of trade facilitation: Customs’ experience in the Asia-Pacific Region’, *World Customs Journal*, 3(2), 125-34.