

Research Article

Masking Ability of Various Metal Complexing Ligands at 1.0 mM Concentrations on the Potentiometric Determination of Fluoride in Aqueous Samples

Sakuni M. De Silva ^(b),¹ Samitha Deraniyagala,² Janitha K. Walpita ^(b),^{1,3} Indira Jayaweera,² Saranga Diyabalanage ^(b),^{1,3} and Asitha T. Cooray ^(b),^{1,2}

¹Instrument Centre, Office of the Dean, Faculty of Applied Sciences, University of Sri Jayewardenepura, Gangodawila, Nugegoda, Sri Lanka

²Department of Chemistry, Faculty of Applied Sciences, University of Sri Jayewardenepura, Gangodawila, Nugegoda, Sri Lanka
³Ecosphere Resilience Research Center, Faculty of Applied Sciences, University of Sri Jayewardenepura, Gangodawila, Nugegoda, Sri Lanka

Correspondence should be addressed to Asitha T. Cooray; atcooray@sjp.ac.lk

Received 25 October 2020; Accepted 10 December 2020; Published 18 December 2020

Academic Editor: Sofia Gama

Copyright © 2020 Sakuni M. De Silva et al. This is an open access article distributed under the Creative Commons Attribution License, which permits unrestricted use, distribution, and reproduction in any medium, provided the original work is properly cited.

Fluoride is a common anion present in natural waters. Among many analytical methods used for the quantification of fluoride in natural waters, potentiometric analysis is one of the most widely used methods because of minimum interferences from other ions commonly present in natural waters. The potentiometric analysis requires the use of ionic strength adjusting buffer abbreviated as TISAB to obtain accurate and reproducible data. In most of the reported literature, higher concentrations of strong metal chelating ligands are used as masking agents generally in the concentration range of 1.0 to 0.01 M. In the present study, effectiveness of the masking agents, phosphate, citrate, CDTA ((1,2-cyclohexylenedinitrilo)tetraacetic acid), EDTA (ethylenediaminetetraacetic acid) HE-EDTA ((hydroxyethyl)ethylenediaminetriacetic acid)), triethanolamine, and tartaric acid at 1.0 mM in TISAB solutions was investigated. The experimental data were compared with a commercially available WTW 140100 TISAB solution as the reference buffer. According to the experimental data, the reference buffer always produced the highest fluoride concentrations and the measured fluoride concentrations were in the range of 0.611 to 1.956 mg/L. Out of all the masking agents investigated, only CDTA performed marginally well and approximately a quarter of the samples produced statistically comparable data to the reference buffer. All the other masking agents produced significantly low concentrations compared to the reference buffer. The most probable reasons for the underestimation of fluoride concentrations could be shorter decomplexing time and lower masking agent concentrations.

1. Introduction

Fluoride is a ubiquitous anion present in natural waters. It has been long recognized for its beneficial impacts on oral health [1]. The optimal and beneficial concentration of fluoride for human health generally falls within a narrow concentration range of 0.5 to 1.5 mg/L [1]. According to international drinking water standards, fluoride concentrations below 0.5 mg/L results in dental caries while fluoride content above 1.5 mg/L causes dental and skeletal fluorosis

[2]. However, the maximum recommended fluoride concentration in drinking water varies significantly among various countries [1]. Presence of excess fluoride in surface and groundwater has been a crucial health problem in South Asian countries including Sri Lanka [3, 4], India [5–7], Pakistan [8], Indonesia [9], and African countries including Ethiopia [10], Sudan [11], Tanzania [12], Kenya [13], Uganda [14], Nigeria [15], and Ghana [16]. Consumption of water contaminated with excessive amounts of fluoride for a prolonged period of time increases the risk of fluorosis, a health condition which is easily recognized by dental mottling and skeletal manifestations [17]. In addition, fluoride has been suggested as a risk factor for the endemic chronic kidney disease of unknown etiology in Sri Lanka where the prevalence rate varies between 8 and 16% in the dry climate zone [18–20]. The majority of Sri Lankans living in dry zone are suffering from endemic fluorosis as a result of consuming fluoride rich groundwater from dug and deep wells [2, 3, 21].

One of the most effective strategies to mitigate the adverse health effects of fluoride is to identify the fluoride hotspots and make available necessary water purification techniques to affected communities. Therefore, accurate quantification of fluoride in drinking water sources is essential [6, 21, 22]. In addition, fluoride also has been quantified in other materials including vinegar [23], powdered milk [24], glass [25], phosphate rocks [26], and tooth paste [27-30]. Quantification of fluoride is also essential to evaluate the efficiency of naval fluoride removal materials developed recently such as trimetallic composites [31, 32]. There are several analytical methods available to quantify fluoride in a wide variety of sample matrixes. Some of the most commonly used methods include colorimetry [3, 21, 33, 34], chromatography [35], and potentiometry [16, 20, 24, 25, 31, 32, 36, 37]. Among these methods, potentiometry that uses a fluoride ion selective electrode (F-ISE) is a popular choice mainly due to field portability for insitu analysis, ease of operation, higher selectivity, broad linear range, and minimum inferences from common anions and cations in the sample matrix [38, 39]. One of the main requirements of the potentiometric method is the availability of a suitable total ionic strength adjusting buffer (abbreviated as TISAB) to obtain accurate results [38]. Unlike the other methods used for fluoride quantification, potentiometric methods measure the activity of fluoride ions, not its concentration [38, 39]. In order to keep the fluoride ion activity coefficient constant independent of the ionic strength of samples, all the samples and calibration standards are buffered to a high ionic strength using a NaCl solution. This solution also contains an acetic acid-acetate pH buffer to maintain the pH between pH 5.0 and 5.5 that minimizes interferences from OH⁻ ions and also prevents the formation of HF. In addition, most of the TISAB solutions also contain strong metal chelating ligands or masking agents that could break strong metal-fluoride complexes mostly with polyvalent cations like Al³⁺ and Fe³⁺ that enable the quantification of total fluoride instead of free fluoride concentration [39, 40].

In general, commercially available TISAB solutions formulated as TISAB I, II, III, and IV [41] are generally added to the sample in 1:1 ratio (10 mL: 10 mL). The average cost for 500 mL of commercially available TISABs is priced between USD 150 and 200 in 2020. Due to the higher cost of commercially available TISAB solutions, there is a tendency to use lab prepared TISAB solutions in fluoride analysis [29, 42]. It has been shown that the masking agents used in the TISAB solution could significantly affect the accuracy of the method [25, 26, 43, 44]. Unfortunately, in some of the published literature, the authors have neglected to disclose the actual composition of TISAB if they were prepared in the lab or at least to provide brand name if a commercially available one was used in analysis [16, 20, 24, 45, 46]. In most cases, TISAB composition optimization for fluoride analysis has been carried out using standard fluoride solutions spiking with possible interfering ions such as Al^{3+} , Fe^{3+} , Mg^{2+} , and Ca^{2+} . In addition, the concentration of masking agents is usually in the range of 1.0 to 0.01 M [40, 43]. In the reported literature, individual masking agents [26, 39, 40, 42, 44] or a combination of masking agents [23, 25, 40] have been used in TISAB solutions.

The main objective of this research is to assess the effect of the masking agents at relatively low concentration of 1.0 mM in TISAB solutions on the potentiometric determination of fluoride in aqueous samples. In this study, a commercially available WTW branded TISAB solution (Model 140100) was used as the reference TISAB solution. The fluoride concentrations of sixty (60) natural water samples were determined using the reference and eight (08) lab prepared TISAB solutions containing different types of masking agents. Finally, the fluoride concentrations were statistically analyzed to evaluate the effectiveness of the individual masking agents used in lab prepared TISAB solutions.

2. Materials and Methods

2.1. Materials and Reagents. All chemicals were of analytical reagent grade and were used without any further purification. Double distilled water was used throughout the study for solution preparation. Standard fluoride solutions were prepared using NaF (s). A commercially available WTW branded TISAB (Model 140100) was used as the reference solution. Lab prepared TISAB solutions contain 1.0 M NaCl, 0.10 M acetic acid/sodium acetate pH buffer solution adjusted to pH 5.5 and a 1.0 mM masking agent. The masking agents used in this study were sodium phosphate, sodium citrate, CDTA (trans-1, 2-cyclohexanediamine-n, n, n', n'tetraacetic acid monohydrate), EDTA disodium salt (disodium ethylenediaminetetraacetate dihydrate), HE-EDTA (hydroxyethyl)ethylenediaminetriacetic acid), triethanolamine (2, 2', 2"-nitrilotriethanol), and tartaric acid (2, 3dihydroxysuccinic acid). One buffer solution was prepared without any metal chelating ligand and one buffer containing only NaCl.

2.2. Instrumentations. The fluoride concentration of the water samples was measured using a WTW model F106667 fluoride selective electrode coupled to a WTW 340i multiion meter. Concentration of the metal ions was determined using an Agilent 4210 MP-AES instrument and the conductivity of the samples was measured using a EUTECH CyberScan Con 11 portable conductivity meter.

2.3. Determination of Fluoride Ion Content. Sixty (60) water samples were collected from different areas of Sri Lanka into precleaned polypropylene bottles. Samples were stored at 4° C and transported back to lab and analyzed for fluoride within 72 h.

The WTW 340i multi-ion meter was calibrated using fluoride standard solutions of 0.1, 1.0, and 5.0 mg/L concentrations and the TISAB of interest. The fluoride content in samples was recorded according to the guidelines provided by the instrument manufacturer. In brief, an aliquot of 10.0 mL of the sample or the calibration standard was mixed with 10.0 mL of the selected TISAB solution in a 50 mL HDPE beaker. The mixture was placed on a magnetic stirrer with the probe and a PTFE coated magnet bar. The content was gently stirred, and the fluoride concentration was recorded or the instrument was calibrated once a stable reading was established. All the analyses were duplicated.

2.4. Determination of Metal Ion Concentrations. Out of sixty (60) water samples, twenty (20) samples were selected for metal analysis and the concentrations of Ca, Mg, Al, and Fe were determined. The selected samples were first acidified to pH < 2 using high purity HNO₃ and then filtered using 0.22 μ m Nylon syringe filters. The analysis was carried out using MP-AES (Agilent 4210 MP-AES) instrument. Standard calibration curves were prepared for Ca, Mg, and Fe (from 500 mg/L multielement mixture) at 0.50, 0.75, 1.00, 1.50, and 2.00 ppm and for Al (from 1000 mg/L standard) at 0.25, 0.50, 0.75, 1.00, and 1.50 mg/L. The analytical wavelengths used for the analysis for the metals Al, Fe, Mg, and Ca were 396.152 nm, 358.119 nm, 280.27 nm, and 616.217 nm, respectively.

2.5. Statistical Analysis. The data for fluoride analysis were expressed as the average value measured through F-ISE. Statistical analysis was conducted using MINITAB 17.

3. Results and Discussion

3.1. Fluoride Concentration in the Samples. The concentrations of masking agents in the TISAB solutions sometimes vary from study to study. Often, 0.03% w/v sodium citrate has been used as the masking agent in TISAB solutions [26, 27, 29, 39, 40, 44]; however, much higher concentrations, has also been used [23, 40, 43]. The most commonly used CDTA concentration is 0.4% w/v [40, 42]. In this study, the concentration of all the masking agents is 1.0 mM.

The fluoride concentration data of the samples measured with the TISAB solution containing only NaCl was not in good quality mainly because it took a long time to establish a stable reading. As a result, it was difficult to calibrate the instrument using standard fluoride solutions and TISAB containing only NaCl. In addition, relative standard deviation (RSD) of the duplicate measurements was very high (up to 25 % in some cases) compared to less than 5 % RSD with most of other TISAB buffer solutions. Therefore, the fluoride data gathered from TISAB containing only NaCl was not included and was not statistically analyzed. The fluoride concentrations of 60 water samples were tabulated in the Table 1. All the raw fluoride concentration data is available as supplementary material.

The fluoride concentrations were in the range of 0.611 to 1.956 mg/L when the samples were analyzed using the reference TISAB solution and electrical conductivity of the samples was in the range of 53.5 to 481 μ S/cm. According to experimental data, the highest fluoride concentration in samples was always measured using the reference TISAB buffer, while the lowest fluoride concentrations were measured with TISAB buffers containing either citrate or acetate as the masking agent. The fluoride concentrations determined by the lab prepared TISAB solutions with respect to reference buffer solution are graphically presented in Figure 1. According to the data presented in Table 1 and Figure 1, it appears that CDTA, EDTA, HE-EDTA, and TEA are much better masking agents at 1.0 mM concentrations than citrate, tartrate, phosphate, and acetate. All the masking agents used in this study form stable complexes with metal ions including the ones that were analyzed in this study. It should be noted that the formation constants of metal-ligand complexes are strongly dependent on ionic strength (I) of the solution. For an example, formation constants (log K) of Ca-EDTA (CaY²⁻) and Mg-EDTA (MgY²⁻) complexes are 12.4 and 10.6 at *I* = 0 and 10.7 and 8.69 at *I* = 0.1, respectively [47, 48]. Therefore, it is expected that formation constants to be smaller at higher ionic strengths used in TISAB solutions. As a result, it is expected to have a low tendency to form metal-ligand complexes at higher ionic strengths. This could be the reason for using much higher masking agents up to 1.0 M in reported literature [43].

For about a quarter of samples, reference buffer and CDTA-TISAB produced statistically comparable fluoride concentrations when the mean fluoride concentrations were evaluated with the Student's *t*-test. The percentage difference of fluoride concentrations between the reference and lab prepared TISAB solutions was calculated and it is tabulated in Table 2.

The data presented in Table 2 was totally unexpected due to the fact that TISAB solutions with 1.0 mM citrate (~0.03% w/v) has been previously used in literature [26, 27, 29, 39, 40, 44] and it is one of the commonly used TISAB solutions for fluoride analysis. On the other hand, CDTA concentration used in many TISAB solutions is 0.01 M (~0.4% w/v) [40, 42] which is ten times more concentrated than the CDTA concentration used in this study. The main reason to use 1.0 mM masking agents in TISAB solutions was to evaluate their effectiveness at relatively low concentrations as a mean of reducing the cost of sample analysis and reducing the environmental pollution as per Green Chemistry principles. To our knowledge, this is the only recent study that has used real natural water samples and relatively low masking agent concentrations to study the effectiveness of low concentration masking agents in TISAB solutions.

3.2. Effect of Metal Ions on the Analysis of Fluoride. Polyvalent metal ions such as Fe^{3+} , Al^{3+} , Mg^{2+} , and Ca^{2+} play an important role in the potentiometric analysis of fluoride because these metal ions make stable complexes with fluoride and it is necessary to break them using a suitable

TABLE 1: Fluoride content of 60 water samples measured by F-ISE with different masking agents.

	Mean fluoride concentration (mg L^{-1})										
Sample ID	Ref.	CDTA	EDTA	HE-EDTA	TEA	Citrate	Tartrate	Phosphate	Acetate	Photometer	EC (μ S/cm)
1	1.842	1.730	1.689	1.645	1.595	1.475	1.493	1.556	1.469	N/A	126.4
2	1.619	1.614	1.603	1.558	1.524	1.467	1.317	1.364	1.098	1.30	177.8
3	1.868	1.703	1.542	1.669	1.620	1.193	1.506	1.548	1.321	N/A	149.1
4	1.543	1.503	1.456	1.492	1.422	0.975	1.218	1.266	0.969	1.03	165.1
5	1.734	1.625	1.592	1.556	1.526	1.332	1.518	1.530	1.221	N/A	127.5
6	1.563	1.503	1.486	1.426	1.403	1.083	1.153	1.259	0.974	1.15	288.0
7 8	1.486	1.450	1.455 1.715	1.388 1.703	1.317	0.863	1.052	1.240	$0.784 \\ 1.475$	0.91 N/A	181.2
8 9	1.854 1.916	1.763 1.892	1.715	1.809	1.593 1.762	$1.485 \\ 1.440$	1.662 1.545	1.598 1.672	1.473	N/A	221.0 156.3
10	1.476	1.392	1.383	1.323	1.702	0.522	0.962	1.067	0.486	0.96	231.0
11	0.864	0.758	0.753	0.645	0.542	0.188	0.238	0.352	0.186	0.24	117.9
12	0.796	0.764	0.743	0.559	0.544	0.408	0.456	0.486	0.419	0.40	78.9
13	0.686	0.659	0.611	0.598	0.487	0.415	0.648	0.467	0.420	0.42	53.3
14	0.693	0.637	0.522	0.486	0.496	0.403	0.445	0.458	0.374	0.42	92.6
15	1.352	1.260	1.334	0.959	0.921	0.800	0.817	0.837	0.808	0.82	79.9
16	0.749	0.641	0.627	0.605	0.577	0.512	0.545	0.571	0.513	0.53	97.0
17	0.695	0.457	0.437	0.392	0.355	0.319	0.338	0.359	0.309	0.34	115.2
18	1.261	0.885	0.859	0.801	0.797	0.593	0.717	0.775	0.720	0.73	134.6
19	1.344	1.179	1.154	1.121	1.114	0.876	0.983	1.055	0.862	0.94	194.5
20	1.652	1.478	1.413	1.391	1.618	1.147	1.294	1.354	1.137	1.29	191.2
21	0.722	0.607	0.604	0.582	0.566	0.206	0.521	0.494	0.196	0.49	282.0
22	0.679	0.504	0.524	0.469	0.441	0.142	0.194	0.244	0.149	0.16	339.0
23	1.476	1.291	1.225	1.230	1.039	0.889	0.409	0.977	0.912	0.91	128.6
24	1.455	1.390	1.314	1.187	1.065	0.916 0.206	1.018	1.069 0.269	0.831 0.111	1.00	261.0
25 26	0.636 0.696	0.628 0.642	0.569 0.633	0.424 0.576	0.333 0.420	0.208	0.318 0.297	0.209	0.209	0.26 0.29	188.5 342.0
20 27	1.098	1.019	1.029	0.986	0.420	0.132	0.297	0.976	0.209	0.29	296.0
28	0.986	0.767	0.773	0.640	0.561	0.220	0.352	0.448	0.155	0.30	154.7
29	0.954	0.739	0.716	0.820	0.702	0.533	0.680	0.686	0.529	0.58	79.0
30	1.956	1.706	1.651	1.596	1.587	1.503	1.521	1.548	1.489	N/A	196.6
31	0.611	0.578	0.535	0.519	0.482	0.282	0.320	0.467	0.239	0.39	382
32	0.636	0.632	0.576	0.518	0.482	0.244	0.299	0.437	0.237	0.25	87.8
33	0.654	0.457	0.375	0.319	0.282	0.169	0.241	0.260	0.161	0.13	65.1
34	0.924	0.756	0.893	0.712	0.672	0.431	0.518	0.678	0.315	0.44	179.4
35	0.701	0.592	0.533	0.527	0.493	0.237	0.425	0.511	0.210	0.39	83.1
36	0.694	0.675	0.583	0.565	0.329	0.280	0.422	0.453	0.289	0.33	88.8
37	0.671	0.686	0.475	0.437	0.396	0.221	0.311	0.376	0.208	0.24	97.2
38	0.682	0.552	0.483	0.387	0.447	0.264	0.358	0.387	0.225	0.30	116.0
39	0.679	0.542	0.475	0.401	0.376	0.253	0.318	0.370	0.369	0.30	111.1
40	0.659	0.436	0.562	0.588	0.648	0.415	0.472	0.516	0.142	0.44	55.6 276.0
41 42	0.671 0.678	0.550 0.583	0.521 0.521	0.456 0.433	0.377 0.378	$0.224 \\ 0.204$	0.360 0.298	0.389 0.336	0.219 0.192	0.23 0.27	276.0 70.3
42 43	1.046	0.383	0.321	0.433	0.378	0.204	0.298	0.330	0.192	0.27	70.3
43	1.040	0.924	0.859	0.848	0.820	0.535	0.652	0.677	0.498	0.61	72.0
45	0.709	0.683	0.657	0.646	0.618	0.410	0.453	0.583	0.383	0.43	62.4
46	0.884	0.793	0.778	0.760	0.723	0.521	0.685	0.697	0.400	0.67	401.0
47	0.784	0.687	0.642	0.596	0.566	0.439	0.518	0.555	0.410	0.49	353.0
48	1.083	0.880	0.863	0.757	0.548	0.583	0.679	0.694	0.586	0.67	84.9
49	0.771	0.650	0.441	0.456	0.408	0.284	0.355	0.385	0.281	0.28	132.4
50	0.821	0.777	0.753	0.706	0.672	0.357	0.561	0.587	0.288	0.54	318.0
51	0.864	0.719	0.656	0.420	0.620	0.424	0.547	0.589	0.409	0.52	481.0
52	0.933	0.820	0.779	0.765	0.718	0.544	0.686	0.699	0.457	0.62	382.0
53	0.822	0.727	0.722	0.698	0.633	0.464	0.577	0.629	0.357	0.57	252.0
54	1.095	0.866	0.821	0.739	0.721	0.453	0.690	0.701	0.457	0.61	231.0
55	1.412	1.294	1.276	1.187	1.133	0.944	1.003	1.160	0.819	0.95	149.3
56	0.835	0.817	0.718	0.826	0.626	0.453	0.556	0.578	0.408	0.54	153.2
57	1.094	0.836	0.865	0.833	0.812	0.617	0.718	0.783	0.549	0.68	251.0
58 50	0.828	0.752	0.781	0.679	0.634	0.326	0.552	0.627	0.223	0.34	263.0
59 60	0.892	0.870	0.726	0.648	0.638	0.421	0.446	0.439	0.395	0.38	116.0 57.6
60	0.868	0.745	0.666	0.626	0.596	0.337	0.518	0.518	0.422	0.40	57.6

N/A = not analyzed; Ref. = WTW TISAB solution; TEA = triethanolamine; EC = electrical conductivity.

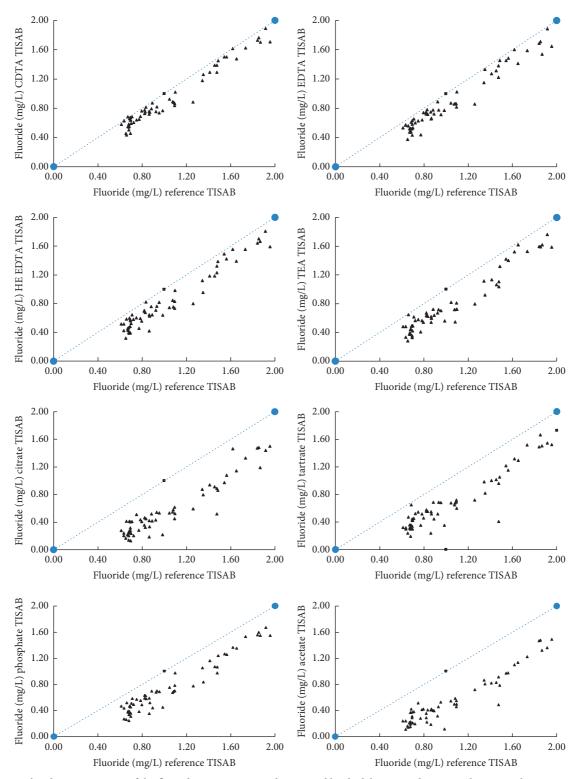


FIGURE 1: Graphical representation of the fluoride concentrations determined by the lab prepared TISAB solutions with respect to reference buffer solution.

	The percentage difference					
TISAB combination	<5%	5.01-10%	10.01-15%	>15%		
	Percentage of samples come under each % difference					
Ref: CDTA	26.7	20.0	21.7	31.7		
Ref.: EDTA	8.3	25.0	16.7	50.0		
Ref.: HE-EDTA	5.0	11.7	8.3	75.0		
Ref.: TEA	3.3	5.0	11.7	80.0		
Ref.: citrate	0.0	0.0	1.17	98.0		
Ref.: tartrate	0.0	1.7	3.3	95.0		
Ref.: phosphate	0.0	0.0	6.7	93.3		
Ref.: acetate	0.0	0.0	0.0	100		

TABLE 2: The percentage difference of fluoride concentrations between the reference and selected TISAB solutions.

TABLE 3: Stability constants log (K) values of masking agents for different ligands adapted from [48, 49].

T in an d	Stability	constants log(K) values of ma	sking agents at $t = 25^{\circ}$ C and I	= 0 mol/L
Ligand	Ca ²⁺	Mg^{2+}	Al ³⁺	Fe ³⁺
F ⁻	10.4	8.2	16.7	13.7
T [,]	CaF ₂	MgF ₂	AlF ₃	FeF ₃
OH⁻	5.19	11.16	27.0	42.7
011	Ca(OH) ₂	Mg(OH) ₂	Al(OH) ₃	$Fe(OH)_3$
CDTA	15.0	12.8	22.1	32.6
CDIA	(CaCDTA ²⁻)	(MgCDTA ^{2–})	(AlCDTA ⁻)	(FeCDTA ⁻)
EDTA (Y ⁴⁻)	12.4	10.6	18.9	27.7
	(CaY ^{2–})	(MgY ^{2–})	(AlY ⁻)	(FeY ⁻)
$H_2PO_4^-$	21.0	20.0	N/A	23.9
Hydrogencitrate	2.81	2.42	N/A	13.5
Acetate	1.2	1.3	2.4	4.0
Actialt	$[CaCH_3COO]^+$	[MgCH ₃ COO] ⁺	[AlCH ₃ COO] ²⁺	[FeCH ₃ COO] ²⁺
Tartrate	2.98	2.35	N/A	N/A

N/A: not available.

masking agent before the analysis. In general, CDTA has been used as a masking agent for Al³⁺ and Fe³⁺, while citrate has been used as a masking agent for Ca^{2+} and Mg^{2+} . At the pH of TISAB of 5.50, it is expected that phosphate, citrate, CDTA, EDTA, and tartaric acid to be present as $H_2PO_4^-$, $HCit^{2-}$, H_2CDTA^{2-} , $H_2Y^{2-}(H_2EDTA^{2-})$, and tartrate, respectively. The formation constants of these species with the metal ions Mg^{2+} , Ca^{2+} , Fe^{3+} , and Al^{3+} are available in literature [48, 49]. Most of the available formation constants have been determined at low ionic strengths in the range of 0 to 0.1 mol/L and, therefore, not directly applicable to predict chemical reactions that take place in higher ionic strength solutions such as in TISAB solutions with an ionic strength -approximately 1 mol/L. Nevertheless, the formation constants are helpful to predict whether a particular masking agent can dissociate metal-fluoro complexes. Some of the formation constants available in literature are presented in Table 3 according to [48, 49]. According to the formation constants given in Table 3, it is clear that CDTA and EDTA have the ability to break down metal-fluoride complexes and release free fluoride ions to the solution. It should be noted that ionic strength,pH of the medium, temperature, presence of other chelating ligands, such as natural organic matter, and the presence of polyvalent metal ions also affect the breakdown of metal-fluoro complexes by the making agents.

It has been reported that metal ions Ca^{2+} , Mg^{2+} , Fe^{3+} , and Al^{3+} could interfere with the fluoride analysis at relatively higher concentrations [40]. Therefore, total metal concentrations of Ca, Mg, Fe, and Al measured in the selected twenty samples are presented in Table 4.

The concentration of metals was in the range of 0.05 to 1.09 mg/L for Al, 0.03 to 7.48 mg/L for Fe, 0.03 to 9.96 mg/L for Mg, and 1.93 to 19.06 mg/L for Ca. Though the formation constants of metal-ligand complexes are used to explain the masking action of ligands, the effectiveness of masking agents also depends on kinetics of the reaction. According to Nicolson and Duff [40], preferred maximum and minimum decomplexing times are 24 h and 20 min, respectively. In this study, samples mixed with TISAB buffers were left to stand for about 5 mins before the measurements were taken once a stable reading was established, usually in less than 3 mins.

It appears that the shorter decomplexing time and relatively low concentrations of masking agents at 1.0 mM might have contributed to the underestimation of fluoride in the tested samples with compared to reference buffer solution. A brand-new F-ISE was used in the study and the instrument calibration with individual TISAB solutions was always successful except for TISAB containing only NaCl. Therefore, electrode condition and the instrument calibration could not have contributed to the underestimation of

Sample ID	Al content (mg/L)	Fe content (mg/L)	Mg content (mg/L)	Ca content (mg/L)
1	0.97	4.14	1.08	10.17
3	0.96	6.30	1.38	8.69
4	1.09	7.48	1.50	5.92
5	0.78	7.40	1.75	6.04
6	0.82	7.18	9.96	19.06
7	0.67	5.40	2.07	11.34
9	0.05	0.82	0.20	3.54
11	0.30	2.31	1.54	17.03
13	0.27	2.39	1.85	7.45
14	0.18	1.92	0.39	3.78
15	0.44	2.52	0.18	3.65
16	0.38	0.66	0.33	3.27
20	0.05	0.38	0.14	2.98
21	0.24	0.56	0.86	6.82
23	0.10	0.45	0.29	3.23
24	0.08	0.41	0.37	6.60
26	0.11	0.30	0.37	5.66
30	0.30	0.12	0.13	6.53
41	0.25	0.03	0.03	5.07
43	0.27	0.51	0.10	1.93

fluoride concentration by lab-made TISAB solution. The fluoride concentrations in the samples were also analyzed by a YSI 9500 Photometer and Palintest (YPM179) reagents and the results are presented in Table 1. Palintest method is based on zirconyl chloride and eriochrome cyanine *R* colorimetric method. A careful look at the experimental data reveals that the photometric data is much more statistically comparable with citrate-TISAB data than reference TISAB data; however, 25% of citrate-TISAB data was within \pm 5.0% of photometric data.

4. Conclusions

In this study, the effectiveness of the masking agents, phosphate, citrate, CDTA, EDTA, HE-EDTA, triethanolamine, and tartaric acid at 1.0 mM in TISAB solutions for the use of potentiometric determination of fluoride in natural water samples were investigated. The experimental data were compared with a commercially available WTW 140100 TISAB solution which was used as the reference buffer. According to the experimental data, reference buffer always produced the highest fluoride concentrations and the measured fluoride concentrations were in the range of 0.611 to 1.956 mg/L. CDTA-TISAB performed marginally well and only about quarter of the samples produced statistically comparable data to the reference buffer. All the other masking agents produced significantly low concentrations compared to reference buffer. The most probable reasons for the underestimation of fluoride concentrations could be shorter decomplexing time and lower masking agent concentrations. However, lab-prepared TISAB solutions such as CDTA-TISAB can be identified as a probable cost-effective alternative to the commercially available TISAB solutions in order to obtain accurate results for fluoride ion quantifying procedures.

Data Availability

All the raw data are included within the manuscript. Additional information can be obtained through the corresponding author.

Conflicts of Interest

The authors declare that they have no conflicts of interest.

Authors' Contributions

Sakuni M. De Silva was responsible for data acquisition and analysis, writing original draft, review, and editing. Samitha Deraniyagala was responsible for review and editing of original draft, funding acquisition, project administration, and supervision. Janitha K. Walpita was responsible for writing original draft, review and editing, data analysis, and supervision. Saranga Diyabalanage was responsible for data acquisition and analysis and review and editing of original draft. Indira Jayaweera was responsible for data acquisition and analysis. Asitha T. Cooray was responsible for data acquisition, writing-original draft, review and editing, funding acquisition, project administration and supervision, and conceptualization and method development.

Acknowledgments

This work was financially supported by a grant awarded by the Research Council of the University of Sri Jayewardenepura to Professor S. P. Deraniyagala and Dr. Asitha Cooray (ASP/01/RE/SCI/2015/29). The authors are thankful to Instrument Center and Ecosphere Resilience Research Center, Faculty of Applied Sciences, University of Sri Jayewardenepura for providing valuable support to carry out this research work.

Supplementary Materials

The fluoride concentration of the water samples was measured using a WTW model F106667 fluoride selective electrode coupled to a WTW 340i multi-ion meter. Lab prepared TISAB solutions contain 1.0 M NaCl, 0.10 M acetic acid/sodium acetate pH buffer solution adjusted to pH 5.5, and a 1.0 mM masking agent. The masking agents used in this study were sodium phosphate, sodium citrate, CDTA (trans-1, 2-cyclohexanediamine- n, n, n', n'-tetraacetic acid monohydrate), EDTA disodium salt (disodium ethylenediaminetetraacetate dihydrate), HE-EDTA (hydroxyethyl) ethylenediaminetriacetic acid), triethanolamine (2, 2', 2"nitrilotriethanol), and tartaric acid (2, 3-dihydroxysuccinic acid). (Supplementary Materials)

References

- W. M. Edmunds and P. L. Smedley, "Fluoride in natural waters," *Essentials of Medical Geology*, vol. 13, pp. 311–336, 2013.
- [2] C. B. Dissanayake, "Water quality in the dry zone of Sri Lanka - some interesting health aspects," *Journal of the National Science Foundation of Sri Lanka*, vol. 33, no. 3, pp. 161–168, 2005.
- [3] R. Chandrajith, J. P. Padmasiri, C. B. Dissanayake, and K. M. Prematilaka, "Spatial distribution of fluoride in groundwater of Sri Lanka," *Journal of the National Science Foundation of Sri Lanka*, vol. 40, no. 4, pp. 303–309, 2012.
- [4] R. W. Dharmaratne, "Fluoride in drinking water and diet: the causative factor of chronic kidney diseases in the north central province of Sri Lanka," *Environmental Health and Preventive Medicine*, vol. 20, no. 4, pp. 237–242, 2015.
- [5] S. Ali, S. K. Thakur, A. Sarkar, and S. Shekhar, "Worldwide contamination of water by fluoride," *Environmental Chemistry Letters*, vol. 14, no. 3, pp. 291–315, 2016.
- [6] S. Ali, Y. Fakhri, M. Golbini et al., "Concentration of fluoride in groundwater of India: a systematic review, meta-analysis and risk assessment," *Groundwater for Sustainable Development*, vol. 9, pp. 1–10, Article ID 100224, 2019.
- [7] V. V. Barot, "Occurrence of endemic fluorosis in human population of north Gujarat, India: human health risk," *Bulletin of Environmental Contamination and Toxicology*, vol. 61, no. 3, pp. 303–310, 1998.
- [8] M. A. Tahir and H. Rasheed, "Fluoride in the drinking water of Pakistan and the possible risk of crippling fluorosis," *Drinking Water Engineering and Science Discussions*, vol. 5, no. 1, pp. 495–514, 2012.
- [9] E. S. Budipramana, A. Hapsoro, E. S. Irmawati, and S. Kuntari, "Dental fluorosis and caries prevalence in the fluorosis endemic area of asembagus, Indonesia," *International Journal of Paediatric Dentistry*, vol. 12, no. 6, pp. 415–422, 2002.
- [10] H. Kloos and R. T. Haimanot, "Distribution of fluoride and fluorosis in Ethiopia and prospects for control," *Tropical Medicine & International Health*, vol. 4, no. 5, pp. 355–364, 1999.
- [11] Y. E. Ibrahim, K. Bjorvatn, and J. M. Birkeland, "Caries and dental fluorosis in a 0.25 and a 2.5 ppm fluoride area in the sudan," *International Journal of Paediatric Dentistry*, vol. 7, no. 3, pp. 161–166, 1997.
- [12] E. A. M. Vuhahula, J. R. P. Masalu, L. Mabelya, and W. B. C. Wandwi, "Dental fluorosis in tanzania great rift

valley in relation to fluoride levels in water and in "magadi" (trona)," *Desalination*, vol. 248, no. 1-3, pp. 610–615, 2009.

- [13] V. Baelum, F. Manji, and O. Fejerskov, "Posteruptive tooth age and severity of dental fluorosis in Kenya," *European Journal of Oral Sciences*, vol. 94, no. 5, pp. 405–410, 1986.
- [14] I. J. Møller, J. J. Pindborg, I. Gedalia, and B. Roed-Petersen, "The prevalence of dental fluorosis in the people of Uganda," *Archives of Oral Biology*, vol. 15, no. 3, pp. 213–225, 1970.
- [15] M. A. I. El-Nadeef and E. Honkala, "Fluorosis in relation to fluoride levels in water in central Nigeria," *Community Dentistry and Oral Epidemiology*, vol. 26, no. 1, pp. 26–30, 1998.
- [16] A. Salifu, B. Petrusevski, K. Ghebremichael, R. Buamah, and G. Amy, "Multivariate statistical analysis for fluoride occurrence in groundwater in the Northern region of Ghana," *Journal of Contaminant Hydrology*, vol. 140-141, no. 141, pp. 34–44, 2012.
- [17] O. Barbier, L. Arreola-Mendoza, and L. M. Del Razo, "Molecular mechanisms of fluoride toxicity," *Chemico-Biological Interactions*, vol. 188, no. 2, pp. 319–333, 2010.
- [18] W. B. N. T. Fernando, N. Nanayakkara, L. Gunarathne, and R. Chandrajith, "Serum and urine fluoride levels in populations of high environmental fluoride exposure with endemic CKDu: a case-control study from Sri Lanka," *Environmental Geochemistry and Health*, vol. 42, no. 5, pp. 1497–1504, 2019.
- [19] H. M. S. Wasana, G. D. R. K. Perera, P. D. S. Gunawardena, P. S. Fernando, and J. Bandara, "WHO water quality standards vs synergic effect (S) of fluoride, heavy metals and hardness in drinking water on kidney tissues," *Scientic Reports*, vol. 7, no. 42516, pp. 1–6, 2017.
- [20] H. M. S. Wasana, D. Aluthpatabendi, W. M. T. D. Kularatne, P. Wijekoon, R. Weerasooriya, and J. Bandara, "Drinking water quality and chronic kidney disease of unknown etiology (CKDu): synergic effects of fluoride, cadmium and hardness of water," *Environmental Geochemistry and Health*, vol. 38, no. 1, pp. 157–168, 2015.
- [21] D. T. Jayawardana, H. M. T. G. A. Pitawala, and H. Ishiga, "Geochemical assessment of soils in districts of fluoride-rich and fluoride-poor groundwater, north-central Sri Lanka," *Journal of Geochemical Exploration*, vol. 114, pp. 118–125, 2012.
- [22] R. Chandrajith, C. B. Dissanayake, T. Ariyarathna, H. M. J. M. K. Herath, and J. P. Padmasiri, "Dose-dependent Na and Ca in fluoride-rich drinking water-another major cause of chronic renal failure in tropical arid regions," *Science* of the Total Environment, vol. 409, no. 4, pp. 671–675, 2011.
- [23] C. Garcia, R. A. S. Lapa, J. L. F. C. Lima, and R. Pérez-Olmos, "Determination of fluoride in spanish vinegars," *Food Chemistry*, vol. 45, no. 5, pp. 365–367, 1992.
- [24] A. H. Mahvi, M. Ghanbarian, M. Ghanbarian, A. Khosravi, and M. Ghanbarian, "Determination of fluoride concentration in powdered milk in Iran 2010," *British Journal of Nutrition*, vol. 107, pp. 1077–1079, 2012.
- [25] A. Yuchi, T. Niwa, and H. Wada, "Determination of fluoride in the presence of tetravalent metal ions with an ion-selective electrode: application to raw materials of fluoride glasses," *The Analyst*, vol. 120, no. 1, pp. 167–170, 1995.
- [26] J. E. Harwood, "The use of an ion-selective electrode for routine fluoride analyses on water samples," *Water Research*, vol. 3, no. 4, pp. 273–280, 1969.
- [27] T. S. Light, "Determination of fluoride in toothpaste using an ion-selective electrode," *Journal of Chemical Education*, vol. 52, no. 4, pp. 247–250, 1975.

- [28] N. Shane and D. Miele, "Potentiometric determination of fluoride ion in toothpastes by a specific ion activity electrode," *Journal of Pharmaceutical Sciences*, vol. 57, no. 7, pp. 1260– 1262, 1968.
- [29] J. Švarc-Gajić, Z. Stojanovic, I. Vasiljevic, and I. Kecojevic, "Determination of fluorides in pharmaceutical products for oral hygiene," *Journal of Food and Drug Analysis*, vol. 21, no. 4, pp. 384–389, 2013.
- [30] H. Yahyavi, M. Kaykhaii, and M. Mirmoghaddam, "Recent developments in methods of analysis for fluoride determination," *Critical Reviews in Analytical Chemistry*, vol. 46, no. 2, pp. 106–121, 2016.
- [31] S. K. T. Thathsara, P. L. A. T. Cooray, T. K. Mudiyanselage, N. Kottegoda, and D. R. Ratnaweera, "A novel Fe-La-Ce trimetallic composite for the removal of fluoride ions from aqueous media," *Journal of Environmental Management*, vol. 207, pp. 387–395, 2018.
- [32] S. K. T. Thathsara, A. T. Cooray, D. R. Ratnaweera, and T. K. Mudiyanselage, "A novel tri-metal composite incorporated polyacrylamide hybrid material for the removal of arsenate, chromate and fluoride from aqueous media," *Environmental Technology & Innovation*, vol. 14, Article ID 100353, 2019.
- [33] X. Borgohain, A. Boruah, G. K. Sarma, and M. H. Rashid, "Rapid and extremely high adsorption performance of porous MgO nanostructures for fluoride removal from water," *Journal of Molecular Liquids*, vol. 305, pp. 112799–8, 2020.
- [34] S. M. Young, A. Pitawala, and H. Ishiga, "Factors controlling fluoride contents of groundwater in north-central and northwestern Sri Lanka," *Environmental Earth Sciences*, vol. 63, pp. 1333–1342, 2011.
- [35] Y. Cappuccino, Y. Wei, Y. Bian et al., "A 2-(benzo[d]thiazol-2-yl)phenol based on conjugated polymer: highly selective colorimetric fluorescent chemosensor for F-depending on Si-O bond cleavage reaction," *High Performance Polymers*, vol. 32, no. 3, pp. 344–356, 2020.
- [36] I. Ahmed, T. Rafique, S. K. Hasan, N. Khan, M. H. Khan, and T. H. Usmani, "Correlation of fluoride in drinking water with urine,blood plasma and serum fluoride levels of people consuming high and low fluoride drinking water in Pakistan," *Research Report Fluoride*, vol. 45, no. 4, pp. 384–388, 2012.
- [37] W. Frenzel and P. Brätter, "The fluoride ion-selective electrode in flow injection analysis," *Analytica Chimica Acta*, vol. 185, pp. 127–136, 1986.
- [38] M. S. Frant and J. W. Ross, "Electrode for sensing fluoride ion activity in solution," *Science*, vol. 154, no. 3756, pp. 1553–1555, 1966.
- [39] M. Frant and J. W. Ross, "Use of a total ionic strength adjustment buffer for electrode determination of fluoride in water supplies," *Analytical Chemistry*, vol. 40, no. 7, pp. 1169–1171, 1968.
- [40] K. Nicholson and E. J. Duff, "Fluoride determination in water: an optimum buffer system for use with the flouride-selective electrode," *Analytical Letters*, vol. 14, no. 12, pp. 887–912, 1981.
- [41] S. Patel, N. Omid, F. V. Zohoori, A. Maguire, K. J. Waldron, and R. A. Valentine, "Comparison of total ionic strength adjustment buffers iii and iv in the measurement of fluoride concentration of teas," *Nutrition and Health*, vol. 24, no. 2, pp. 111–119, 2018.
- [42] R. Chandrajith, U. Abeypala, C. B. Dissanayake, and H. J. Tobschall, "Fluoride in ceylon tea and its implications to dental health," *Environmental Geochemistry and Health*, vol. 29, no. 5, pp. 429–434, 2007.

- [43] M. Agarwal, K. Rai, R. Shrivastav, and S. Dass, "Fluoride estimations in water using ion selective electrode: choice of appropriate TISAB," *Indian Journal of Chemistry*, vol. 41, no. 5, pp. 999–1002, 2002.
- [44] C. R. Edmond, "Direct determination of fluoride in phosphate rock samples using specific ion electrode," *Analytical Chemistry*, vol. 41, no. 10, pp. 1327-1328, 1969.
- [45] L. Chen, B.-Y. He, S. He, T.-J. Wang, C.-L. Su, and Y. Jin, "Fe-Ti oxide nano-adsorbent synthesized by co-precipitation for fluoride removal from drinking water and its adsorption mechanism," *Powder Technology*, vol. 227, pp. 3–8, 2012.
- [46] W. Tao, H. Zhong, X. Pan, P. Wang, H. Wang, and L. Huang, "Removal of fluoride from wastewater solution using Ce-AlOOH with oxalic acid as modification," *Journal of Hazardous Materials*, vol. 384, p. 121373, 2020.
- [47] M. A. G. T. Hoop, R. F. M. J. Cleven, J. J. Staden, and J. Neele, "Analysis of fluoride in rain water. comparison of capillary electrophoresis with ion chromatography and ion-selective electrode potentiometry," *Journal of Chromatography A*, vol. 739, no. 1–2, pp. 241–248, 1996.
- [48] W. Stumm and J. J. Morgan, Aquatic Chemistry: Chemical Equilibria and Rates in Natural Eaters, Wiley-Interscience publication, Hoboken, NJ, USA, 3rd edition, 1996.
- [49] P. G. Daniele, C. Foti, A. Gianguzza, E. Prenesti, and S. Sammartano, "Weak alkali and alkaline earth metal complexes of low molecular weight ligands in aqueous solution," *Coordination Chemistry Reviews*, vol. 252, no. 10-11, pp. 1093–1107, 2008.