RECREATIONAL POTENTIAL OF THE BELIHULOYA - PAMBAHINNA AREA:

A STUDY OF THE RATIONAL ALLOCATION OF GEOGRAPHICAL RESOURCES FOR TOURISM DEVELOPMENT

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DECLARATION

The work described in this thesis was carried out by me at the Sri Lanka Sabaragamuwa University, Belihul Oya under the supervision of Professor D.S. Wanasinghe of the Dept. of Geography, University of Sri Jayawardenepura, Nugegoda.

This thesis has not been submitted to any other university in respect of another degree.

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I hereby certify that the above statement made by the candidate is true and that this thesis is suitable for submission to the University of Sri Jayawardenepura for purpose of evaluation for Carlin ment of the Deput

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I hereby certify that the above statement made by the candidate is true and correct to the best of my knowledge and this thesis on "Recreational Potential of the Belihul Oya-Pambahinna Area" is suitable for submission to the University of Sri Jayawardenapura for the purpose of evaluation.

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PREFACE

In May 1993, I was appointed as an Assistant Lecturer at the Sabaragamuwa University of Sri Lanka. I have been teaching Recreation Geography throughout to students aspiring for the Bsc degree in Tourism Management.

The university is situated in Belihuloya - Pambahinna, a picturesque place with an ideal climate during most times of the year. Certain areas in the vicinity of Belihuloya - Pambahinna have the potential to turn out to be places of tourist interest though presently they are not fully developed.

My involvement in the teaching of Recreation Geography kept reminding me constantly that the Belihuloya - Pambahinna area and its vicinity can be exploited for recreation vis-a-vis tourism what with its abundance of natural resources. This fleeting but recurring thought was given form and fillip by Dr C.K.M. Deheragoda who suggested that I put my thoughts into writing.

There are many to whom I owe a debt of gratitude for encouraging and assisting me to complete this work. Special thanks are due to Dr C.K.M. Deheragoda for helping me to kickstart and for his kind guidance and to Professor M.M. Karunanayaka and Professor D.S. Wanasinghe for their valuable assistance. I wish to also thank Professor J. Katupotha for helping me to find my way among the initial maze of ideas.

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TABLE OF CONTENTS

			Pa	ge
PREI	FACE		i	
TAB	LE OF C	ONTENTS	i	i
LIST	OF TAB	LES	1	лi
LIST	OF MAI	PS	i	x
LIST	OF PHO	TOS	>	ς.
LIST	OF CHA	ARTS	>	αi
СНА	PTER (- INTRODUCTION TO RECREATIONAL TOURISM		
1.1	Recrea	ational tourism in Sri Lanka	. 2	<u>}</u>
1.2	Signif	icance of the study	3	;
1.3	Object	tives	6	,
1.4	Metho	odology	6)
	1.4.1	Primary data	6)
		1.4.1.1 Direct self-assessment	7	,
		1.4.1.2 Questionnaire survey	7	,
		1.4.1.3 Site visits and field observations	8	;
	1.4.2	Secondary data	8	;
1.5	Limita	ations	9)

CHAPTER 02 - BRIEF SURVEY OF STUDIES ON RECREATION		J	
2.1	Studies	on recreation in developed countries	10
2.2	Studies	on recreation in developing countries	12
СНАР	TER 03	- TOURISM DEVELOPMENT IN SRI LANKA	
3.1	Evoluti	on of the recreation industry	16
3.2	Policy a	and planning of tourism in Sri Lanka	21
3.3	Recreat	ional regions in Sri Lanka	26
3.4	Trends	in tourism in Sri Lanka	28
	3.4.1	Recent history	28
	3.4.2	Employment creation	29
	3.4.3	Foreign exchange earnings	31
	3.4.4	Accommodation sector	32
		3.4.4.1 Room occupancy	32
		3.4.4.2 Room capacity	35
	3.4.5	Tourist market	36
СНАР	TER 04	- SOCIO-ECONOMIC CONDITIONS IN THE BELIHULOYA-PAMBAHINNA AREA	
4.1	Populat	ion	39
4.2	Educati	on	41
4.3	Employ	ment	41
4.4	Land us	se patterns	44

4.5	Infrast	tructure	44
	4.5.1	Transportation	44
		4.5.1.2 Road transportation	45
		4.5.1.3 Railway transportation	45
	4.5.2	Tourist accommodation	46
	4.5.3	Communication	47
	4.5.4	Commercial establishments and industries	47
	4.5.5	Water and electricity	49
	4.5.6	Medical facilities	49
СНА	PTER 0	THE NATURAL AND ANTHROPOGENIC RESOURCES OF THE BELIHULOYA- PAMBAHINNA AREA	
5.1	Relief		52
	5.1.1	Relief features in the Belihuloya-Pambahinna area	53
		5.1.1.1. Profiles of peaks in the study area	55
		5.1.1.2 Profiles of prominent topographical features in the vicinity	65
5.2	Climat	re	70
	5.2.1	Climate of the Belihuloya-Pambahinna area	71
		5.2.1.1 Rainfall	71
		5.2.1.2 Winds	74
		5.2.1.3 Temperature	74
5.3	Water	resources	74
	5.3.1	Water resources in the Belihuloya-Pambahinna area	75

	5.3.1.2 Profiles of waterfalls in the study area	76
	5.3.1.3 Waterfalls in the vicinity of the study area	81
	5.3.1.4 Profiles of waterfalls in the vicinity of the study area	82
	5.3.1.5 Rivers and streams	85
	5.3.1.6 Reservoirs	86
	5.3.1.6.1 Samanalawewa reservoir	87
5.4	Flora and fauna	87
	5.4.1 Flora in the Belihuloya-Pambahinna area	88
	5.4.2 Fauna in the Belihuloya-Pambahinna area	90
5.5	Anthropogenic resources in the Belihuloya-Pambahinna area	90
	5.5.1 Religious places	90
	5.5.2 Traditional cultural activities	91
	5.5.3 Gem pits and gem mining	92
СНАН	TER 06 - PRESENT STATE OF RECREATIONAL TOURISM IN THE BELIHULOYA-PAMBAH AREA	IINNA
6.1	Present state - Belihuloya-Pambahinna area	95
6.2	Development needs	99
6.3	Other suggested activities	103
6.4	Impacts of development meant for a recreation industry	105
	6.4.1 Positive impacts	105
	6.4.2 Negative impacts	110

CHAPTER	07 - CONCLUSIONS AND R	ECOMMENDATIONS
7.1 Cone	clusions	113
7.2 Reco	ommendations	114
ANNEX	I	119
ANNEX	П	122
ANNEX	Ш	127
ANNEX	IV	131
LIST OF RE	EFERENCES	134

LIST OF TABLES

		Page
3.1	Tourist arrivals – 1966 to 1999	20
3.2	Occupancy rate by regions – 1983-1998	34
3.3	The regional distribution of hotel room capacity (graded hotels only)	35
4.1	Community clusters investigated in the study area (field survey)	38
4.2	Demographic features of the Belihuloya-Pambahinna area (sample study)	40
4.3	Distribution of employed population in the study area (derived from sample population)	43
4.4	Commercial establishments	48
4.5	Current medical facilities	50
5.1	Principal peaks in the study area	54
5.2	Other prominent topographical features in the vicinity of the study area	64
5.3	Rainfall data – Nagarak estate	72
5.4	Waterfalls in the study area	76
5.5	Waterfalls in the vicinity of the study area	82
5.6	Rivers and streams in the study area	86
6.1	Tourist arrivals to the study area – June 1997	95
6.2	Degree of awareness about the study area	97

6.3	Recreational activities preferred	98
6.4	Positive impacts of development meant for a recreation industry	109
6.5	Negative impacts of development meant for a recreation industry	112

LIST OF MAPS

		Page
Figure 1.1	Location of the study area	3 A
Figure 2.1	Recreational regions identified by Deheragoda (1984)	14 A
Figure 3.1	Recreational regions identified by the Sri Lanka Tourist Board Master Plan – 1967	26 A
Figure 3.2	Recreational regions identified by the Sri Lanka Tourist Board Master Plan – 1992	27 A
Figure 4.1	Community clusters investigated in the study area (Field Survey – 1997)	38 A
Figure 4.2	Land use pattern in the Belihuloya-Pambahinna area	44 A
Figure 4.3	Road transport – Belihuloya-Pambahinna area	45 A
Figure 5.1	Hiking, camping, sightseeing sites in the study area	63 A
Figure 5.2	Trekking route to Horton Plains and World's End	67 A
Figure 5.3	Waterfalls in the study area	75 A
Figure 5.4	Rivers and streams in the study area	85 A
Figure 6.1	Places of tourist attractions in the vicinity of the study area	94 A

LIST OF PHOTOS

	Page
Main mountain peaks in the study area	55 A
Hawagala peak	56 A
Apalagala peak	61 A
Road leading to Horton Plains / World's End (via Non-perial estate)	67 A
Wavulapane cave	70 A
Panoramic view - study area	70 B
Galagama waterfall	78 A
Surathalee waterfall	79 A
Belihul Oya	87 A
Kiriketi Oya	87 B
Samanalawewa	88 A

	LIST OF CHARTS	
		Page
Chart 5.1	Rainfall pattern - Nagarak Estate	73

CHAPTER 01

INTRODUCTION TO RECREATIONAL TOURISM

A normal tourist may journey to 'sightsee' places of cultural and historical interest, religious sites, sports events, places of natural beauty etc. Basically they are involved in *passive* forms of recreational activities while true recreational tourists are *actively* involved in recreational activities. Thus, a recreation-oriented tourist would want to involve himself or herself in activities other than mere sightseeing, which is what a normal tourist would do.

Travelling to be engaged in recreational activities is a part of tourist activity. It is an integral part of modern lifestyle and it is a basic component of individual and social behaviour and aspirations.

It is often difficult to isolate the various activity components of tourism from 'recreational' activities. Tourism in general and recreation related tourism in fact often share the same facilities such as national parks, beaches, inland water bodies, wild life sanctuaries, ancient ruins etc. but recreation is basically an activity concept.

Recreation has become a major national concern in developed countries as a prime source of foreign exchange earnings. Similarly, pristine natural resources and rich anthropogenic resources in the less developed countries are steadily opening out to international recreational markets - especially, for the demand generating markets of Europe and North America.

The geographical resources of the recreation industry consist of natural components such as relief, climate, water, flora and fauna as well as anthropogenic or man-made resources