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Title: Serum cytokines: a potential biomarker in leptospirosis?

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Objective

Objective of this study is to compare the levels of five cytokines IL-10, IL-17A, IL-21, IL-23 and TNF- α in patients with confirmed leptospirosis and in a group of healthy controls.

Method

Patients with a confirmed diagnosis of leptospirosis were recruited from a tertiary care hospital (n=26). A group of healthy individuals (n=12) were selected as the non leptospirotic healthy group. Blood (3ml) was collected from each subject and separated serum was used for ELISA assays to determine the serum cytokine levels of IL-10, IL-17A, IL-21, IL-23 and TNF- α following the manufacturer's instructions. Significance was tested using the Mann Whitney U test and a p value < 0.05 was considered as significant. Ethical approval for the study was granted by the Ethical Review Committee, University of Sri Jayewardenepura.

Results

A significant elevation in serum IL-21 (p= 0.002), IL-23 (p = 0.002) and TNF- α (p = 0.039), were observed in patients with leptospirosis compared to the healthy individuals. However, while an increase in the levels of serum IL- 10 (p = 0.327) and IL-17 (p = 0.157) was observed in leptospirosis patients no significant difference was seen among the two groups.

Conclusion

Data suggest that serum IL-21, IL-23 and TNF- α are significantly elevated in patients with leptospirosis. Further studies with greater sample size are required to extrapolate these results.