Religiosity: Towards A Conceptualization and An Operationalization

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Abstract

Religiosity is closely interwoven with the lives of Sri Lankan citizens who are adherents of mainly Buddhist, and then Hindu, Muslim and Christian faiths. There is a growing interest in conducting research on religiosity. There are many definitions of religiosity but they need to be refined since they do not represent the whole idea of religiosity. Religiosity is defined as the extent to which the particular employee believes in and venerates the founder, gods or goddesses of the relevant religion, practices the relevant teaching and participates in the relevant activities. Religiosity involves one's being religious earnestly and really rather than one's being religious frivolously and nominally. The dimensions and elements of religiosity have been investigated with a view to developing an instrument to measure the variable of religiosity. Reliability and validity of the instrument are also presented.

Key Words: Religiosity, Conceptualization, Operationalization

Introduction

Employees are the most important resource an organization has and utilizes to achieve its goals. Generally majority of employees are following or at least belonging to a religion, particularly in Sri Lanka which is a newly industrializing country that has been implementing various macro and micro level strategies and programs to achieve its economic social and other goals. For Sri Lanka to achieve her goals effectively from the point of national level and for organizations to achieve their goals effectively from the point of organizational level employees and management of employees (HRM) play critical roles. Several studies done in Sri Lanka reveal the following findings:

- 1. There are considerable amount of employees suffering from grievances owing to many reasons (Akuratiyagamage and Opatha, 2004) and organizations are formally concerned with employee grievance settlement (Opatha, 1994).
- 2. Employees have a strong need for trade union among union members in large service organizations and greater degree of participation in trade union activities (Jinadasa and Opatha, 1999) is visible.

- 3. Number of strikes and man days lost are considerable (Opatha and Ismail, 2001). Unfavorable labor management relations have been attributed for low level of average productivity in the manufacturing sector (Opatha, 2005).
- 4. Labour relations is independent of education and experience of union officials in manufacturing firms implying a need for separate systematic attempt to improve union officials competence to make labour relations better (Opatha, 2003).
- 5. There is a serious need of generating, maintaining and enhancing morality within employees, in order to avoid the plight of misbehaving including frauds, corruptions, evil conflicts and retaliations (Opatha, 2010).
- 6. Employees need to be transformed from normal employees to green employees for preservation, conservation, non-pollution and make of looking-like natural places (Opatha, 2013).
- 7. As per the Gallup's study, in Sri Lanka from 2011 to 2012, 14% employees are engaged, 62% are not engaged and 23% are actively disengaged (Iddagoda and Opatha, 2017).

The above research findings of the studies done mainly by one of the authors of this research paper reveal that the relevant Human Resource Management (HRM) phenomena in Sri Lanka need to be improved significantly. Thus an intellectual puzzle arose within us with regard to whether religiosity of employees has something to do with suffering from grievances, increased employee participation in union activities, declining labour management relationships, reduced employee morality, greening of employees and reduced employee engagement. It is interesting to find out the relationship and the impact of employee religiosity with and on the degree of employee suffering from grievances, employee morality, greening of employee morality, greening of employee morality, greening of employee morality, greening of employee participation in union activities, labour management relationships, employee morality, greening of employee morality, greening of employee morality, greening of employee morality, greening in union activities, employee participation in union activities, labour management relationships, employee morality, greening of employees and employee engagement. Little is known about such phenomena in the context of HRM.

Purpose Statement

The purpose of this paper is to present a holistic view of religiosity for future systematic empirical investigations in the field of HRM. To that end it attempts to address:

- 1. Towards a working definition of religiosity
- 2. Categories of religiosity
- 3. Operationalization of the construct
- 4. Evidence of religiosity in the Sri Lankan context
- 5. Reliability and validity of the construct

Sources of Data

A desk research study was performed by using many databases and books. For the desk research study, the researchers took a range of published works from 1990 to 2016. In the search of articles in order to collect the data, databases such as Taylor and Francis Online, Sage, Springerlink, ScienceDirect, JSTOR, Emerald and Wiley Online Library were used. In the same way relevant available books were studied in detail. In-order to provide the evidence of reliability and validity of the instrument a sample of 272 executives and managers of the listed companies in Sri Lanka was taken and the unit of analysis was individual.

Introduction to Religiosity

Vitell (2010) mentions that there are similarities between religiosity and spirituality but they are different. According to Bergan and McConatha (2000), religiosity refers to various dimensions associated with religious beliefs and involvement. The Concise Oxford Dictionary (1993) defines "involve" as "to participate or share the experience or effect, include or affect in its operations". Bergan and McConatha (2000) have identified two dimensions associated with religiosity, namely, religious beliefs and involvement. Bergan and McConatha (2000) state that previous social psychological research generally evaluated religiosity as a one-dimensional concept, focusing primarily on religious attendance. Bergan and McConatha (2000) further state that reliance on religious attendance as a sole measure of religiosity may be insufficient and may lead to incorrect conclusions.

Sedikides (2009) defined religiosity as an orientation, behavioural set and lifestyle considered important by the large majority of people worldwide that cannot be neglected by social and personality psychology any longer. The statement "by the large majority of people worldwide" is not acceptable. There can be a religion that a small number of people believe in. They also have religiosity. King and Williamson (2010) state that religiosity is also known as religiousness. They define religiosity as the strength of one's connection to or conviction for their religion. "One's connection" is like a bond to the religion. "Conviction for their religious" as "relating to or believing in a religion". Since King and Williamson (2010) state that religiosity is also known as religiousness, their definition covers the aspect called "the extent a person believes in that religion".

According to Adeyemo and Adeleye (2008), religiosity includes having belief in, reverence for God or a deity, as well as participation in activities in that faith, such as attending service/worshipping regularly and participating in other social activities with one's religious community. As defined by Adeyemo and Adeleye (2008), "God or a deity" is not acceptable for some cases. There are some religions that do not believe in following a specific God or a deity. The devotees of those religions believe in and practice what the founder of the religion preached. The founder of the religion can be a god or not a god. For instance, in Buddhism the Buddha is the founder of the religion and the Buddha is not a God. It is also evident that some Buddhists do not worship gods and some do. As Adeyemo and Adeleye (2008) state in their definition "participating in other social activities with one's religious community" is an essential component of religiosity.

Author	Year	Definition	Comments
Bergan and McConatha	2000	Religiosity refers to the various dimensions associated with religious beliefs and involvement.	Identified two dimensions associated with religiosity, namely, religious beliefs and involvement or participation.
Sedikides	2009	An orientation, behavioral set and lifestyle considered important by the large majority of people worldwide.	The statement "by the large majority of people worldwide" is not acceptable because there can be a religion that a small number of people believe in. They also have religiosity.

Exhibit 1: Definitions of Religiosity

King and Williamson	2010	The strength of one's connection to or conviction for their religion.	-"One's connection" is like a bond to the religion. - "Conviction for their religion" means belief in their religion.
Adeyemo and Adeleye	2008	Religiosity includes having belief in and reverence for God or a deity, as well as participation in activities in that faith, such as attending service/worshipping regularly and participating in other social activities with one's religious community.	- "God or a deity" is not acceptable in some cases. -There are some religions that do not believe in following a specific God or a deity. The devotees of those religions believe in and practice what the founder of the religion preached.

The researchers assert that religiosity consists of three components:

- 1. Piety Belief in and reverence for.
- 2. Practice Practice what the religion or the founder of the religion preached.
- 3. Participation in activities Participation in activities in observing the religion and participating in other social activities with one's religious community.

First, a person should have piety. The Pocket Oxford English Dictionary (2007) defines piety as a conventional belief accepted without thinking. A person should believe and have reverence for the founder of the religion and what he preaches without having a doubt. Then he/she should practice what the founder of the religion preached. For example, a Buddhist has to practice the Five Precepts daily and Eight Precepts on the full moon Poya day. Similarly, he/she should practice *Sigalovada Sutta*, also known as *Gihi Vinaya* or Code of Discipline for Laymen. He/she should participate in activities in observing the religion and worshipping the founder of the religion, religious leaders and the objects that have a religious significance. Furthermore, a particular person ought to participate in other social activities with one's religious community.

An employee who has a religion may not be a devout (A person who strongly follows that religion). There are some employees who say that they are religious but do not actually engage in practicing the relevant religious teaching. Hence to have religion and to follow a religion are different, not the same. For example there are Buddhists who do not actually practice the Buddha's teaching but they called Buddhists because of the mere fact that they belong to Buddhism or their parents are Buddhists. Being religious really is far different from being religious nominally.

By considering all the above mentioned details, it is possible for the researchers to present here a new definition of religiosity.

Religiosity- Working Definition

Religiosity is defined as the extent to which a particular employee believes in and venerates the founder, gods or goddesses of the relevant religion, practices the relevant teaching and participates in the relevant activities. Religiosity involves one's being religious earnestly and really rather than one's being religious frivolously and nominally.

Categories of Religiosity

The researchers define five categories of religiosity, namely, very high religiosity, high religiosity, moderate religiosity, low religiosity and very low religiosity.

Very high religiosity: People in this category participate excessively in religious activities. Their belief in a religion is very high. Also, they have a very positive feeling and respect for religious personages (monks, priests, *sadhus*, etc.). They follow customary religious ceremonies on important occasions in their lives. In the case of Sri Lankan Buddhists this is similar to holding an alms giving on important occasions, such as the building of a new house, on a child's first birthday, prior to a marriage and on the death anniversary of a loved one. They also go to religious shrines regularly, not only on days of religious significance but on other days as well.

High religiosity: Participation in religious activities is at a high level. Their belief in a religion is high, but less than in the very high category. They go to religious shrines only on the days which have a religious significance. For instance, a Buddhist goes to temple only on full moon *Poya* days. A Christian goes to church on Sundays.

Moderate religiosity: They believe in a religion in a moderate level. Therefore participation in religious activities of these people is moderate. They go to the religious shrines only on the days which have a higher religious significance. For instance a Christian who does not go to the church on every Sunday may go to the church only for Easter, Good Friday or Christmas. A Buddhist who does not go to the temple on every full moon *Poya* day goes to the temple only on *Vesak Poya* day (the most important full moon *Poya* day which commemorates the birth, enlightenment and death of The Buddha).

Low religiosity: Participation in religious activities is at a low level since their belief in a religion is low. They rarely go to religious places. They attend religious ceremonies as a commitment. For instance, they just go to an all-night *pirith* chanting ceremony in their neighborhood because they must go; in other words, due to commitment. (*Pirith* chanting is an ancient practice. Discourses of the Buddha are recited at all-night *pirith* ceremonies).

Very low religiosity: Their belief in a religion is at a very low level. They would say, "*I have no religion and I'm an agnostic.*"

Operationalization of the Variable of Religiosity

Dimensions of Religiosity

Religiosity is conceptualized as a system that fundamentally consists of three dimensions: piety, practice and participation.

Dimension 1: Piety

Piety is devotion to a particular religion. One who has piety becomes devoted to the religion he or she observes. The person who has piety has a belief in his or her religion and tends to behave in the way that has been prescribed by his or her religion. This dimension can be measured by using elements such as (1) belief-degree of believing in preaching of the founder of the religion and (2) reverence-nature of feeling and respect for the religion and religious personages (monks,

priests, sadhus, etc.). Exhibit 2 presents the elements and statements of the dimension called piety.

Exhibit 2: Elements and Statements of the Dimension- Piety		
Element	Statement	
Belief	I believe in what the founder of my religion preached.	
Reverence	I have a very positive feeling and respect for religion and religious personages (monks, priests, <i>sadhus</i> , etc.).	

Dimension 2: Practice

Practice is following the religion by action. One who has practice does carrying his or her religion in accordance with his or her beliefs and prescriptions of the religion. This dimension can be measured by elements such as (1) the degree of practicing the preaching of the founder of the religion, and (2) degree of concern with practicing. Exhibit 3 presents the elements and statements of the dimension called practice.

Exhibit 3: Elements and Statements of the Dimension- Practice

Element	Statement
Practice what founder of the	I practice what the founder of my religion preached.
religion preached	I am more concerned about practicing what the religious books prescribe and engage in whole hearted way.

Dimension 3: Participation

Participation means being involved in religious activities. Every religion has certain activities recommended for the devout to be involved with. It is possible to measure this dimension by using elements such as (1) frequency of going to religious places to worship/pray, (2) involvement in religious ceremonies owing to knowing their importance and (3) involvement in other religiously important activities. Examples include *pirith* chanting ceremonies, church feasts, religious processions, etc. Exhibit 4 presents the elements and statements of the dimension called participation.

Element	Statement
Worship regularly	I very often go to religious places to worship/pray.
Participating in other social activities which have a religious significance	I participate in religious ceremonies because I know their religious significance. I participate in social activities which have a religious significance. Examples include <i>pirith</i> chanting ceremonies, church feasts, religious processions, etc.

Figure 1 presents the dimensions and elements of the variable of religiosity. In the Figure 1 "D" stands for dimension and "E" stands for element. Based on the statements given in Exhibit 2,

Exhibit 3 and Exhibit 4, it is possible to develop an instrument to measure the construct of religiosity.

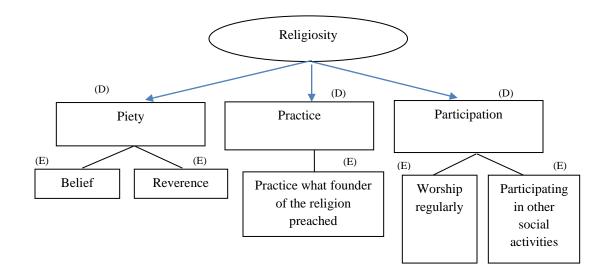


Figure 1: Dimensions and Elements of the Variable of Religiosity

Evidence of Religiosity in Sri Lanka

According to the Department of Census and Statistics, the Census of Population and Housing of Sri Lanka, (2011), Buddhism represents 70.19% of the population of Sri Lankans. Hinduism 12.61%, Islam 9.71%, Christianity 7.45% and other religions represent 0.04% of the population. Sri Lanka has a very high number of religious public holidays counting the 12 or 13 Poya holidays per year. The sale of liquor on Poya days and public entertainments such as cinema and theatre are also prohibited. There are eight public holidays per year in Sri Lanka. Four of them have a religious significance. They are *Thai Pongal* day, the day following *Vesak* Poya day, the Holy Prophet Mohammed's Birthday, and Christmas Day. The emphasis on the importance of religious education both in religious school or Sunday school, which is known as *Dahampasala*, and in government schools, where religion is a compulsory subject, also provides evidence of religiosity.

Sri Lanka is a very religious-minded country by all accounts. Gallup (2010) report reveals that in Sri Lanka in 2009, 99% said religion is an important aspect to their life. Ubiquitous religious shrines and religious signs are demonstrations of religiosity in a country and in Sri Lanka it is possible to observe the ubiquitous presence of Buddhist temples mostly, Hindus *kovils*, Moslem mosques and Christian churches all over the country. In every village, there is a religious shrine demonstrating the religious ethos of the village. In addition to wayside shrines, there is an abundance of religious signs and symbols of religion such as statues of the Buddha mostly, Jesus Christ, Virgin Mary, a variety of Catholic Saints and Hindu deities, open to public veneration.

In the West, going to religious places such as churches has dropped dramatically, but in Sri Lanka it is the opposite. A significant number of devotees gather at religious shrines to pay

homage. Christians go to the churches every Sunday to participate in Holy Mass. Large numbers of Buddhist devotees gather at temples on *Poya* days (full moon) to observe *ata sil* (the eight Buddhist precepts), listen to *Dhamma* sermons and to make various symbolic offerings to the "Triple Gem". It is not only on *Poya* days that devotees are seen in temples; they are also seen on other days too. They usually perform *Bodhi pooja* (veneration of the *Bodhi*-tree (pipal tree: *ficus religiosa*). Devotees believe that *Bodhi pooja* will help them to achieve success in their material life as well as in their spiritual life. Muslims go to the mosque every Friday and Hindus go to the *Kovil* on festival days.

Most of the Buddhists go on an annual pilgrimage to sacred places like Dambulla, Anuradhapura, Polonnaruwa and Kandy in Sri Lanka. Thousands of Roman Catholics attend the feast at the Madhu Church in August every year. The shrine of Our Lady of Madhu is a Roman Catholic Marian shrine in Mannar district of Sri Lanka. Hindus in Sri Lanka go on pilgrimage to five prominent temples dedicated to Lord Shiva. People in Europe, Australia and New Zealand etc, visit other countries sightseeing but Sri Lankans prefer visiting foreign countries on pilgrimage. Sri Lankan Buddhists go to India and Sri Lankan Muslims go to Mecca in Saudi Arabia on pilgrimage. Sri Lankan Christians visit the Holy Land (Israel) and Sri Lankan Hindus visit India, especially Tamilnadu, on pilgrimage.

There is a tradition of religious processions on public roads on occasions of religious importance: celebration of Catholic Church feasts, Buddhist processions such as the *Esala* procession of Kandy, and the *Vel* (chariot) festival of Hindus, etc. These processions are accompanied by singing, chanting, dancing and drumming, etc. as an expression of devotion.

Invoking the blessings of the deities on important occasions is a practice among laymen and the public in Sri Lanka. The President, Ministers and other public figures engage in religious observance to invoke divine blessings on important occasions. The national cricket team receives traditional religious blessings before setting off on a foreign tour. These are broadcasted over the media. Before a marriage ceremony there is a custom for the couple to invoke religious blessings.

Customary Buddhist ceremonies also provide evidence of religiosity in Sri Lanka. Berkwitz (2003) points out that it is customary for Sri Lankan Buddhists to hold an alms giving (*dana*) on important occasions such as on a child's first birthday, prior to a marriage, building a new house and on the death anniversary of a loved one.

Unlike in European countries, hardly any Sri Lankan would say, "I have no religion and I'm an agnostic", except for a handful of rationalists. There is, in general, a very positive feeling and respect for religion and religious personages such as monks, priests and *sadhus*, etc. The existence of charismatic monks is also a sign of a high level of religiosity. Berkwitz (2003) mentions that Ven. Uduwe Dhammaloka is a popular urban monk because of his charismatic preaching style. Ven. Gangodawila Soma Thero and Ven. Panadure Ariya Dhamma Thero are also charismatic monks who lived decades ago.

Berkwitz (2003) reveals that the spread of new technologies, such as the Internet and satellite television, helps the Sri Lankan Buddhist to access a variety of cultural and religious

programmes. New technologies such as the Internet and satellite television are enabling the telecast of their religious programmes, also. This is applicable to other main religions such as Christianity, Hinduism and Islam, too.

In his article titled "The Sri Lankan Post-modern Consumer", Liyanage (2010) talks about a "Modtradi" consumer and religious *pirith nool. Pirith* is a narration or chanting of the words of the Buddha. *Pirith nool* is an enchanted blessing string that has been strengthened by chanting *pirith*. According to Liyanage (2010), a "Modtradi" consumer is dressed in a faded pair of jeans, branded T-shirt, and the thick and showy *pirith nool* for beautification. Liyanage (2010) further states that the "Modtradi" consumer ties the *pirith nool*, thick and showy, around his/her wrist as a symbol of traditionalization and the pair of faded jeans as an expression of modernity.

The availability of religious books, religious articles, religious bookshops and the establishment of universities with religious significance are also evidence of a high level of religiosity.

Reliability and Validity of the Religiosity Instrument

The sample size was 272 executives and managers of the listed companies in Sri Lanka. The variable of religiosity was delineated into three dimensions namely piety (with two elements measured by 2 question statements), practice (with one element measured by 2 question statements) and participation (with two elements measured by 3 question statements). In other words the construct of religiosity consists of seven question items representing the three dimensions. Sekaran (2003) states that content validity is a function of how well the dimensions and elements of a concept have been delineated. The researchers have ensured content validity through sound conceptualization and operationalization. The researchers ensured construct validity of the construct of religiosity. Nunnally (1978) recommends a 10 to 1 ratio: that is, 10 cases for each item to be factor analyzed. Tabachnick & Fidell (2001) recommend a 5 to 1 ratio: that is, 5 cases for each item to be factor analyzed. Pallant (2005) in his study acknowledged these ratios, 0.5 or above is the recommended level for factor loading (Dubey, 2016; De Vries, 2012). Even though theoretically there are three latent variables under religiosity, the first and second latent variables i.e. piety and practice had two items each and the third latent variable i.e. participation had three items. The items fell under one factor with higher factor loadings. By considering all these decision has been taken not to drop any item based on these results. The data forwarded to check the reliability of the instrument.

Cronbach's Alpha reliability needs to be sufficient to avoid reducing the statistical power of the instrument in data analysis. The seven items used to tap the meaning of religiosity of this variable have been highly correlated. The Cronbach's Alpha reliability coefficient was 0.845 suggesting that the instrument possesses an adequate degree of interitem reliability. The statistical output related to internal consistency reliability and content validity of religiosity can be summarized in Table 1.

Variable	Items	Principal Component of Factor Loading	Cronbach's Alpha if Item Deleted Reliability Coefficient	Cronbach's Alpha Reliability Coefficient (α)
Religiosity	REL1	0.592	0.769	0.845
	REL2	0.708	0.747	
	REL3	0.603	0.765	
	REL4	0.582	0.769	
	REL5	0.651	0.757	
	REL6	0.782	0.724	
	REL7	0.694	0.749	

Table 1: Reliability and Validity of the Construct

Source: Survey data

Conclusion

There are five categories of religiosity: very high religiosity, high religiosity, moderate religiosity, low religiosity and very low religiosity. Piety, practice and participation in activities are the dimensions of the variable of religiosity. Certain elements under each dimension can be identified and they could be used to develop an instrument to measure religiosity. The researchers have also attempted to provide evidence of religiosity in Sri Lanka in general way. Validity and reliability of the instrument developed to measure religiosity were adequate.

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