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7th to 9th October 2018 Waters Edge, Colombo Conclusions: This study shows 8.3% of the clinical isolates were carbapenemase producers. It is a significantly higher proportion which is in line with the recent studies done in India and other Asian countries. Giving false positive results for cefotaxime-Munich (CTX-M) positive and ampicillin-C (AmpC) hyper producing Enterobacteriaceae and false negative results for New Delhi Mettalo-βlactamase (NDM) producers are limitations of Modified Hodge Test.

Imprint cytology: A supportive diagnostic method for Helicobacter pylori in dyspeptic patients

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Background: Diagnosis of Helicobacter pylori in Sri Lanka is currently being carried out by histological interpretation of a gastric biopsy specimen. This process takes at least 3-5 days and needs specialized equipment and trained personnel. Using a combination of diagnostic methods can improve the diagnostic accuracy.

Objectives: To assess the usefulness of two staining methods of imprint cytology for diagnosis of H. pylori in gastric biopsy specimens.

Methods: Gastric biopsy specimens obtained from dyspeptic patients attending routine upper gastrointestinal endoscopy, were placed on glass slides to obtain imprints. The imprints were air-dried, stained with Toluidine blue and Giemsa stains and observed for the presence of H. pylori using light microscopy. The diagnosis was confirmed by a consultant pathologist blinded to the histology results. The sensitivity, specificity, positive predictive value (PVP) and negative predictive value (NPV) of each stain were calculated and benchmarked against histological diagnosis.

Results: Out of 55 patients, 7 were positive for H. pylori by histology. Five were positive for H. pylori by Toluidine blue stain and 4 by Giemsa stain. The sensitivity of Toluidine blue stain was higher than the Giemsa stain (57.1% and 42.9% respectively) while the specificity was equal (97.9%). PVP and NVP were 80.0% and 94.0% for the Toluidine blue stain and 75.0% and 92.2% for the Giemsa stain, respectively. Giemsa stain had a better discrimination for identification of H. pylori bacteria. The cost of carrying out imprint cytology was less than Rs. 5.00 for each stain and the results could be given in less than an hour from specimen collection.

Conclusions: Using imprint cytology for the diagnosis of H. pylori is a rapid, simple and cost effective method that can support histological diagnosis.

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