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In vitro sunscreening and antioxidant activity of different solvent extracts obtained from *Tibouchina urvilleana* (princess flowers) grown in Sri Lanka <a href="https://doi.org/10.1007/j.nc.2016/j.nc.201

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Background: *Tibouchina urvilleana* is identified as a plant with anthocyanins, flavonoids, and isoflavonoids. Flavonoids and anthocyanins are the predominant floral pigments and act as photo protectants according to their ultra violet absorption spectra and high antioxidant activity. **Objective:** To evaluate *in vitro* sun screening and antioxidant activity of different extracts obtained from princess flowers grown in Sri Lanka.

Method: Two solvents namely, acidified 70% aqueous acetone, and 70% aqueous acetone were selected to prepare crude extracts from dried flowers obtained from *Tibouchina urvilleana*. The freeze dried powders of crude extracts were subjected to phytochemical tests. The total phenolic and total flavonoid contents were evaluated by Folin-Ciocalteu assay and aluminiumchloride colorimetric method. *In vitro* antioxidant activity was evaluated by 2, 2-diphenyl-1-picrylhydrazyl assay and ferric reducing antioxidant power assay. Sun protective factor was calculated by Mansur equation. Results are expressed as mean \pm SD. Means are not significantly different if p \geq 0.05.

Results: Phytochemical tests exhibited the presence of phenolic, flavonoids, carbohydrates, and reducing sugars in both extracts. The results of the total phenolic were 8346.0 ± 293.2 (acidified 70% acetone), 8562.9 ± 838.2 (70% acetone) mg Gallic acid equivalents (GAE)/100 g dry weight (DW) of flowers. Total flavonoid content for the extracts were 1116.3 ± 111.6 (acidified 70% acetone), 1389.3 ± 345.6 (70% acetone) mg Catechin equivalents (CAE)/100 g (DW) of flowers. Radical scavenging activities were calculated as 28.0 ± 2.8 (acidified 70% acetone), 28.2 ± 3.0 (70% acetone) mmol Trolox equivalents (TE)/100 g DW of flowers. Ferric reducing antioxidant power of the extracts were 38.5 ± 1.5 (70% acetone) and 36.7 ± 2.1 (acidified 70% acetone) mmol Fe(II) equivalents /100 g DW of the flowers respectively. The 70% acetone extract showed sun screening activity (SPF=38.7) whereas Dermatone (reference) showed SPF=34.2 at the concentration of 0.4 mg/mL.

Conclusion: It is concluded that *Tibouchina urvilleana* flowers have promising total phenolic, flavonoid content, antioxidant and sunscreening activity, which should be further investigated.