# Evaluation of *Centella asiatica* morphotypes for high yeilding sources of Asiaticoside and optimizing conditions for higher yeilds of Asiaticoside

By

Thanthiriwaththage Dona Chathurika Kalpanie Dissanayake

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The work described in this thesis was carried out by me under the supervision of Prof. A. M. Abeysekera, Prof. (Mrs.) N. Salim, Prof. (Mrs.) U. G. Chandrika , Dr. (Mrs.) C. Padumadasa and a report on this has not been submitted in whole or in part to any university or any other institution for another Degree/Diploma

02/01/2019

Date

T. D. C. K. Dissanayake

### Certification of approval

We hereby certify that the above statement made by the candidate is true and this thesis is suitable for submission to the University for the purpose of evaluation.

AMAheysehen

Prof. A. M. Abeysekera Department of chemistry, Faculty of Applied Sciences, University of Sri Jayewardenepura.

31/07/2017

date

nl

Prof. (Mrs.) N. Salim
Department of Botany,
Faculty of Applied Sciences,
University of Sri Jayewardenepura.

21/07/2019

date

hunde

1

Prof. (Mrs.) U. G. Chandrika Department of chemistry, Faculty of Applied Sciences, University of Sri Jayewardenepura.

02/01/2019

date

P. I Chapin

Dr. (Mrs.) C. Padumadasa Department of chemistry, Faculty of Applied Sciences, University of Sri Jayewardenepura

02/01/2019

date

We certify that all the corrections, additions and amendments have been done in accordance with the comments and suggestions made by the members of the viva – voice examination.

Al Aberyselin

2

Prof. A. M. Abeysekera Department of chemistry, Faculty of Applied Sciences, University of Sri Jayewardenepura.

15/03/2019

.

date

1. Sala

Prof. (Mrs.) N. Salim Department of Botany, Faculty of Applied Sciences, University of Sri Jayewardenepura.

21/3/2019

date

landst

1

Prof. (Mrs.) U. G. Chandrika Department of chemistry, Faculty of Applied Sciences, University of Sri Jayewardenepura.

02/01/2019

1.

date

P.J. ChyaiL

Dr. (Mrs.) C. Padumadasa Department of chemistry, Faculty of Applied Sciences, University of Sri Jayewardenepura

02/01/2019.

date

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## LIST OF ABBRIVIATIONS

ASTC	-	asiaticoside
HPLC	-	high performance liquid chromatography
TLC	-	thin layer chromatography
LDPE	-	low density poly ethylene
DoA	-	department of Agriculture – Sri Lanka
LAI	-	leaf area index

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#### ABSTRACT

*Centella asiatica* (L) Urban, a herb native to South East Asian and African regions is used in many traditional medicinal systems. The bioactivities related to many of the traditional uses of the plant have been confirmed by modern scientific studies. Out of the most active major compounds in *C. asiatica*, asiaticoside has shown the best wound healing, anti-aging and scar removal properties, which has lead to the compound being used in cosmetic products.

Different morphotypes of *C.asiatica* have been identified from Sri Lanka as well as other countries such as India, South Africa and Madagascar. It has been reported that there is a variation in the asiaticoside content among the different morphotypes in India, South Africa and Madagascar. The variation in vitamin and mineral contents and susceptibility to root knot nematode infestation has been reported among Sri Lankan morphotypes. Identifying the morphotypes with high asiaticoside content and the agronomic conditions for their cultivation for optimum yields of asiaticoside is of industrial importance. This thesis reports the work carried out to find answers to these questions.

A convenient method of extraction and quantification of asiaticoside from *C. asiatica* plant material was developed and validated. Using the developed method the asiaticoside content of five different morphotypes were analyzed.

Defatting the dried plant material with chloroform and extracting with methanol provided a quantitative extract of asiaticoside, suitable for HPLC analysis. Reverse phase HPLC in isocratic mobile phase acetonitrile: water ratio at 30:70, 1 ml/min at 26  $^{\circ}$ C was a convenient method of quantification of asiaticoside in extracts. The method developed was precise (RSD = 1.7%) and accurate (99.8% recovery at an addition rate of 20 %), and convenient, to analyze a large number of field samples.

Out of the morphotypes tested, the morphotype, G 3 showed a significantly higher asiaticoside yield consistently  $(2.70 \pm 0.25 \text{ in pot condition and } 1.12 \pm 0.45 \text{ and } 1.60 \pm 0.16$  in field condition). Therefore the effect of shade level, fertilizer treatment, harvesting frequency and plant spacing on biomass and asiaticoside yield in morphotype G3 were evaluated in factorially designed field trials,

The biomass and asiaticoside yield of G3 was higher in the shade level 30% when compared to 50% shade level. There was no significant difference in asiaticoside and biomass yields between the organic and inorganic fertilizer treatments recommended by the Department of Agriculture (DoA), Sri Lanka. a 1:1 mixture of these two resulted in lowering in biomass and asiaticoside yield. There was no significant difference in asiaticoside yield among the four different harvesting periods or among the five different spacing treatments tested. However difference in biomass yield was observed.